



# R B F & R S

## news release

02/02/2010

No: 05/F&R

### **MEET YOUR LOCAL FIREFIGHTERS AND SUPPORT HELP FOR HEROES**

Firefighters from Slough fire station will be at B&Q on Sunday (7 February) giving lots of top safety tips, some fun handouts for youngsters and raising money for Help for Heroes and the Firefighters Charity.

Crew Manager Jon James explained: "We know that members of the public are showing fantastic support for Help for Heroes, and local people are always very generous in supporting our fire station car washes for the Firefighters Charity.

"We wanted to give people a chance to chat to us, to get some helpful advice on how to keep themselves and their families safe at home and on the roads whilst at the same time raising some funds for these amazing charities. B&Q are very supportive of this and we are hoping to meet lots of people while we are there on Sunday."

If you would like to find out more about home fire safety or life in the fire and rescue service and hear from Jon and his colleagues about their fundraising efforts, why not pop along and say hello on Sunday. They will be in the B&Q car park on the Bath Road in Slough from 10am until 4pm.

**ENDS.**

#### **Notes to Editors:**

Jon is also organising a firefighters charity cycle ride in France in aid of Help for Heroes in May. The 240-mile route will run from Arromanches, one of the D-Day landing beaches, to Dunkirk and involves firefighters from Slough and Langley. If you would like to know more about Sunday's event or the French cycle ride, please contact Jon James on 07930453824.